



THE ANTI-DOPING DIRECTOR

First issue: August 2004
2nd issue: April 2007
3rd issue: February 2009

OBLIGATIONS OF ATHLETES UNDER THE ANTI-DOPING RULES 2009

Under the regime of the IDSF Anti-Doping Code (**the Code**) and WADA's World Anti-Doping Code (**WADC**) athletes have, among others, following obligations.

1. Take **knowledge** and **comply** with all Anti-Doping policies and regulations applicable to the national (IDSF Members) and international (IDSF) competitions.
Not knowing the duties and sanctions is no reason for any excuse.
2. Be **available** for and accept the sample collection; **cooperate** and **actively participate** with the Doping Control Team (DCT) during Anti-Doping controls.
If an athlete tries to escape/evades sample collection for Anti-Doping controls or refuses to cooperate with the DCT or refuses to provide a sample, it will be treated as an anti-doping rule violation and sanctioned accordingly.
3. Take **responsibility**, in the context of Anti-Doping, for what they ingest and use.
It's the athlete's own responsibility when certain (forbidden) substances are found in the athlete's samples. That responsibility cannot be transferred to coaches, trainers, medical personnel or any other athlete support personnel or supplier of products used.
4. **Inform medical personnel**, the personal physician or any other medical officer that he/she is participating in competitions where Anti-Doping controls are possible and of his/her obligation not to use prohibited substances and prohibited methods.
Make sure that any medical treatment received does not violate Anti-Doping policies and rules. When medicines are required for health, request for a **TUE Certificate** with the IDSF Anti-Doping Commission. Use of medicines without a proper issued TUE Certificate will not be accepted as an excuse for an adverse analytical finding.
5. Complete and sign the **Forms of Consent** for Athletes prior to enter a competition and provide **identification papers** to the organizer prior to take part in a competition.
If an athlete cannot or will not identify him/herself to the organizer of a competition (by means of handing over a photocopy of his/her identity papers) that organizer might refuse to hand out a starting number to that athlete or forbid the athlete to enter the competition at the expense and risk of that athlete.
6. **Identify** him/herself to the DCT when entering the doping control room by means of a license, passport or ID card.
If an athlete cannot identify him/herself in an acceptable way the DCT can refuse to collect the sample. In this case the Anti-Doping control will be treated as a refusal to cooperate by the athlete and sanctioned accordingly.
7. Provide the required **whereabouts information** according to the mandatory forms in ADAMS and be available for **out-of-competition testing** (OOCT) by WADA, IDSF or a National Anti-Doping Organization (NADO) when selected in the national or international registered Testing Pool (RTP). Refusal to provide complete and correct information or not being available for OOCT will be sanctioned as per Code. The athlete is always responsible for providing the correct information and keep this information up-to-date so Doping Control Officers (DCO's) can locate the athlete at any time at any place.
8. Follow the instructions of the Anti-Doping officials promptly.

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Please note that several countries do have Anti-Doping legislation!

In October 2006 the UNESCO (the health organization of the United Nations) adapted the International Convention against Doping in Sport. Countries that have ratified the Convention have the obligation to modify their official legislation in accordance with the **WADC**. More and more countries do have such legislation. If that is the case an Anti-Doping rule violation in such country can be treated as a criminal offence. If an athlete participates in a competition in such a country, it's always the country's official legislation that governs.

If you have any questions please don't hesitate to contact us.

Ko de Mooy

IDSF Anti-Doping Director
Chair IDSF Anti-Doping Commission